Mentor Session Guide: Career Goals

Purpose of Session

Mentors can often help mentees develop or fine-tune their career goals. Sometimes mentees may not know what next steps are available to them or may be unsure of how to prepare. This is where the mentor can help.

Questions & Discussion Prompts

Which aspects of the mentee’s current position does he/she enjoy the most?

What new professional skills would the mentee like to learn?

What is the mentee’s dream job?

Are there any professional certifications or degrees that the mentee may be interested in pursuing? (If so, mentee can schedule a one-on-one consultation with the CISD team to learn more about training opportunities, tuition waivers, etc.)

What are the mentee’s current “blind spots” or areas for potential growth?

What are the mentee’s short-term (next 12 months) career goals? (If mentee is unsure, help him/her set a few)

What are the mentee’s long-term (five years) career goals? (If mentee is unsure, help him/her set a few)

Additional Ideas/Notes/Reminders